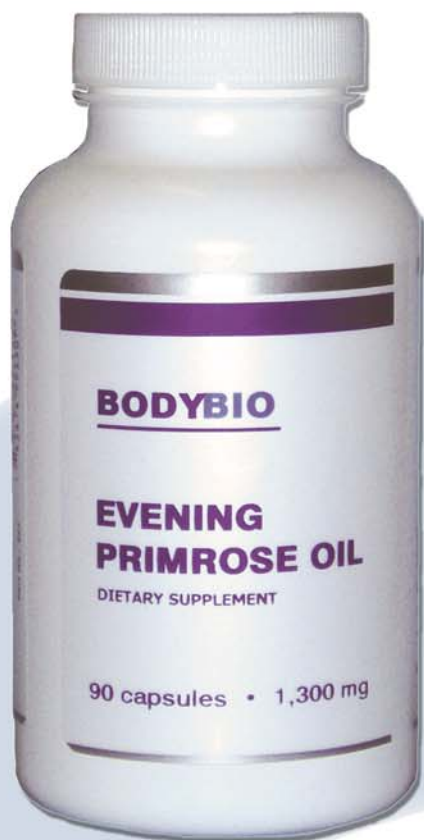


# EVENING PRIMROSE

Size: 90 capsules/1,300 mg

Serving Size: 1 capsule



## Supplement Facts

Serving Size: 1 capsule

Servings: 90

| Amount per capsule | % Daily Value* |
|--------------------|----------------|
|--------------------|----------------|

|          |    |
|----------|----|
| Calories | 10 |
|----------|----|

|                   |    |
|-------------------|----|
| Calories from Fat | 10 |
|-------------------|----|

|           |       |    |
|-----------|-------|----|
| Total Fat | 1.5 g | 2% |
|-----------|-------|----|

|  |        |   |
|--|--------|---|
| Gamma Linolenic Acid [GLA]( $\omega$ -6) | 130 mg | † |
|--|--------|---|

|                              |        |   |
|------------------------------|--------|---|
| Linoleic Acid ( $\omega$ -6) | 950 mg | † |
|------------------------------|--------|---|

|                           |       |   |
|---------------------------|-------|---|
| Oleic Acid ( $\omega$ -9) | 80 mg | † |
|---------------------------|-------|---|

\*% Daily Values are based on a 2000 calorie diet.

† Daily Value not established.

**INGREDIENTS:** Evening Primrose seed oil, gelatin, glycerin, and water.

“Leader in Essential Fatty Acid Research”

Essential fatty acids (EFAs) are believed to be involved in the etiology of atopic disease. In the n-6 EFA series, linoleic acid (LA), derived from food is subsequently converted into linolenic acid (GLA) and longer-chain FA. Christel JAW van Gool, 2005

It has become well established that a dietary deficiency of the n-6 essential fatty acid (EFA), g-linolenic acid, but not of the n-3 EFA, a-linolenic acid, leads to marked skin abnormalities. Horrobin DF, 2000\*

\*This statement has not been evaluated by the Food and Drug Admin. This product is not intended to diagnose, treat, cure or prevent any disease.