

EVENING PRIMROSE OIL

Size: 180 capsules/1,300 mg
Serving Size: 1 capsule



Supplement Facts

Serving Size: 1 capsule

Servings: 180

Amount per capsule	% Daily Value*
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Calories	10
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Calories from Fat	10
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Total Fat	1.5 g	2%
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Gamma Linolenic Acid [GLA](ω -6)	130 mg	†
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Linoleic Acid (ω -6)	950 mg	†
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Oleic Acid (ω -9)	80 mg	†
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*% Daily Values are based on a 2000 calorie diet.

† Daily Value not established.

“Leader in Essential Fatty Acid Research”

INGREDIENTS: Evening Primrose seed oil, gelatin, glycerin, and water.

Essential fatty acids (EFAs) are believed to be involved in the etiology of atopic disease. In the n-6 EFA series, linoleic acid (LA), derived from food is subsequently converted into linolenic acid (GLA) and longer-chain FA. Christel JAW van Gool, 2005
It has become well established that a dietary deficiency of the n-6 essential fatty acid (EFA), g-linolenic acid, but not of the n-3 EFA, a-linolenic acid, leads to marked skin abnormalities. Horrobin DF, 2000*

*This statement has not been evaluated by the Food and Drug Admin. This product is not intended to diagnose, treat, cure or prevent any disease.